



**15** Read the following text about teens' addictions and answer the following questions.

## WHAT ARE TODAY'S TEENS ADDICTED TO?

After a survey done in several schools in America, the American addiction expert Scott Gallagher concluded that there are other things that teenagers are hooked on, than drugs and alcohol. It turns out that the list of common addictions is quite long. He listed the top 7 addictions teens can suffer from nowadays. Sometimes they suffer in silence.

In his survey he asked the teens a simple question: 'What habits do you most want to stop or reduce in your life right now?' The answers he got were startling°. He could list 92 different destructive habits.

- 1 Junk food
- 2 Internet/computer use
- 3 Marijuana and/or hash
- 4 Alcohol
- 5 Tobacco
- 6 Sugar/sweets
- 7 Video games



°startling: *surprenant*

1 Which addiction do you find the most surprising?

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2 What influences teens today, in your opinion?

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**16** Work with a partner and answer the following questions.

1 What do you consider the difference between a habit and an addiction?

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2 Are you addicted to anything?

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**17 Listen to the recording about wacky addictions. What do these words refer to? Match the words from column A with those in column B.**

A	B
1 tanorexia	a dirt
2 crackberries	b ice
3 pagophagia	c emails
4 picaphagy	d tan



**18 Read the text you have just heard and fill in the gaps with the correct words.**



hooked on

turn out

overcome

dependency

in bad shape

kick the habit

treatments

addiction

suffering from

be addicted to

People can develop different types of . You can smoking cigarettes or drinking alcohol, but today people are the weirdest things. With the new addictions come new names of addictions. Tanorexia is the unhealthy on tanning. It is a new concept, so are still being studied. A subgroup of addicted people are the crackberries. If you are constantly checking your email you are a Blackberry addiction. Blackberrying can be really according to scientists because mailing and text messaging feed the ego and make people feel important. To the best thing to do is to interrupt the pattern and throw away the precious thing.

Teeth whitening addiction is relatively new, but an addiction to cosmetic surgery can to be an expensive one. If you have just had your surgery and you still believe your body is , then you have got a problem. Millionaire Jocelyn Wildenstein is a famous addict and has spent over \$4,000,000 on cosmetic surgery. Two less expensive addictions are pagophagia (an addiction to eating ice) and pica- or geophagy (an addiction to eating dirt). Most people cannot their addiction on their own. They need professional help.

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